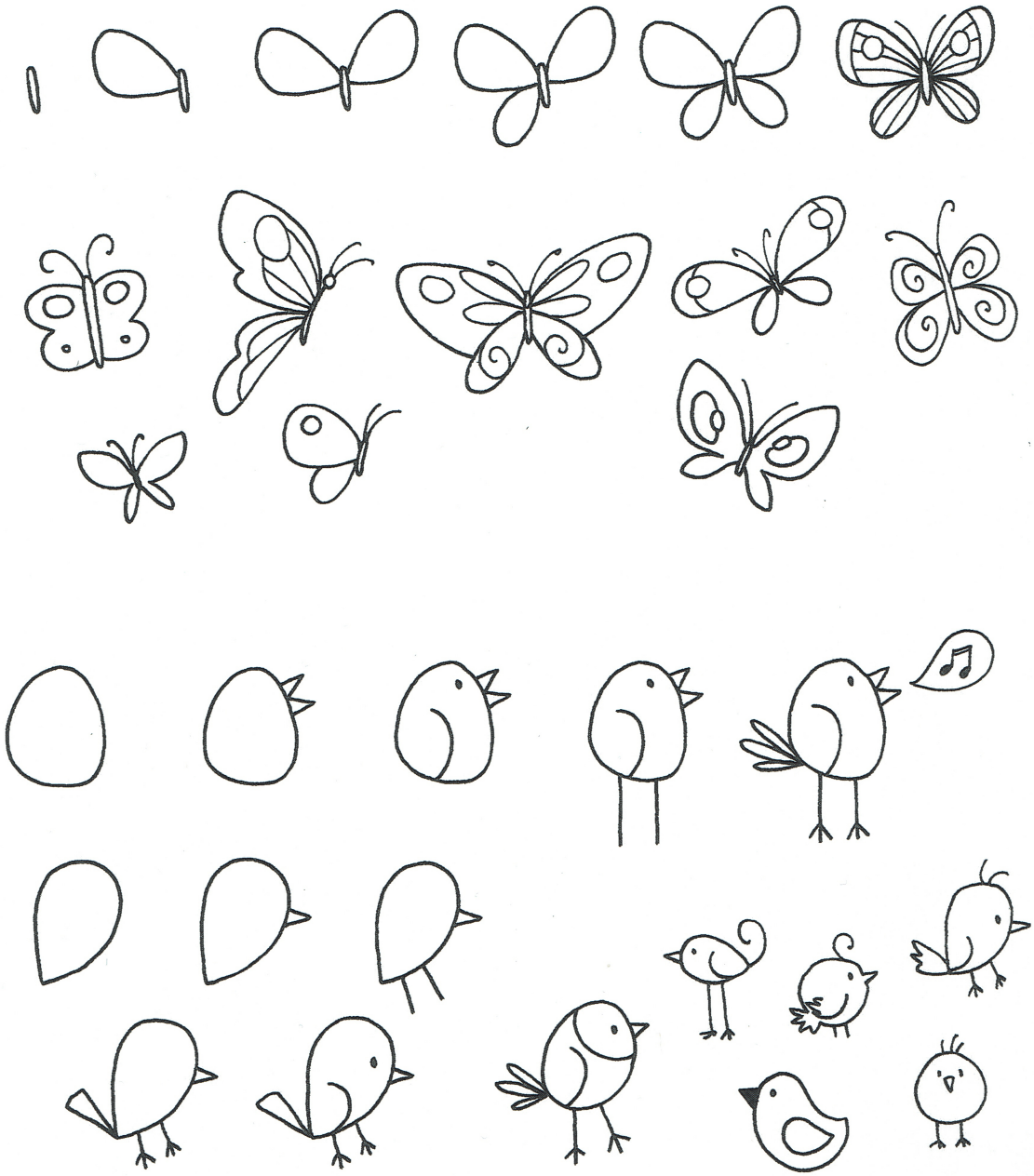Frühling